

TigerTimes

Sherrard Jr/Sr High Newsletter

January, 2020

Tim Wernentin, High School Principal
Rick Basala, Jr. High Principal

January 6

Teacher Institute Day

January 7

Students return to school

January 8

To be Freshman Meeting - 5:30p

Dual Credit Meeting - 6:45p

Booster Club Meeting - 6:00p

January 15

School Board Meeting - 6p

January 18

Tiger Tip Off - 4/6 Grade Boys

January 20

No School

January 25

Softball Trivia Night

Principal's Notes

Happy New Year!!!!

As I write this article, it is difficult to believe that first semester is nearly complete and we are immersed into the winter season of events here at Sherrard High School. At this point, our students are deeply involved in school work and participating in a variety of co-curricular activities, and many of our parents continue working countless hours to support our programs. It is greatly appreciated by all of us at SHS.

Thank you (and your student's) for everyone's participation in our "Operation Santa" activities! Thousands of dollars were raised and we were able to assist needy families in our school district - not only during the holiday season - but throughout the year.

Registration for the 2020-21 school year will begin soon. We are proud to announce that a number of new courses we will be able to offer next year:

- Advanced Placement (AP) Physics
- Introduction to Computer Programming
- Advanced Placement (AP) Computer Science A
- Senior Life Skills

As always, we are appreciative that we maintain high attendance at our athletic, music, and extra-curricular events. Your continued support and presence at our events is appreciated by our students, staff, and community. A reminder that we will not have school on January 20 in celebration of Martin Luther King Junior Day. Our next early dismissal days are February 12 and 26.

shs.sherrard.us • sjhs.sherrard.us



Sherrard Jr/Sr High School
4701 176th Avenue
Sherrard, IL 61281
High School 309.593.2175
Jr. High 309.593.2135

Student of the Month

HIGH SCHOOL

English: Alyus Johnson

Science: Jeffrey Remy

Social Studies: Kevin Madrigal

Fine Arts: Joshua VanDerLinden

PE/Health: Michael Moritz

Vocational: Nicole Richardson

Special Forces: Carly Anderson

JUNIOR HIGH

English: Gavin Hoffpauir

Math: Grace Hanson & Kaylee Nelson

Science: Elethia White

Social Studies: Brady Peterson

Fine Arts: Eloise Gross

PE/Health: Josh Orlowski

Striving for Excellence: Kinley Anderson



I trust you had an enjoyable winter break and I look forward to working with you in the new year! Please contact me at 309-593-2175 or at wernentint@sherrard.us with questions, concerns, or comments.

Educationally yours,
Tim Wernentin, Principal

JH Principal's Notes

Dear Parents and Guardians,

I hope all of the Sherrard Junior High students and families had a great break with friends and family.

Congratulations to the staff and students for scoring in the 85th to 98th percentile in growth for MAP winter testing before the Holiday Break! All of our hard work has paid off:)

7th-grade math - 95%, 7th-grade reading - 85%.
8th-grade math - 91%, 8th-grade reading - 98%.

This signifies great growth in these tests. Please encourage your student(s) to finish the year strong:)

There are several activities to be a part of in January. Boys Basketball will be starting Regionals soon. Come on out and cheer on the Tigers! Volleyball, Scholastic Club and Wrestling will be starting their respective seasons this month.

Rick Basala
JH Principal

Spain Trip

There is a trip to Spain planned for this summer. The planned trip is June 8 - June 18, touring four cities with EF Tours. More information can be obtained by contacting Mr. Lopez at lopezj@sherrard.us.

NINTH GRADE HEALTH REQUIREMENTS for SCHOOL YEAR 20-21

Forms and immunization records will be available at the 8th grade parent meeting at the High School on January 8, 2020.

- All ninth grade students are required to have an updated school physical.
- State law requires Illinois Department of Public Health form to be used.
- Physical forms are available at the school and on the school district web site www.sherrard.us, go to Departments and select Health Services, Health Forms and Student Physical Form.
- Physicals must be completed and signed by a physician licensed to practice medicine, a physician's assistant, or an advanced practice nurse. Chiropractors MAY NOT perform school or sports physicals.
- Parents or guardians are required by state law to complete and sign the health history portion on the back of the physical form.
- Sports physicals will not fulfill this requirement. The ninth grade physical may be used for a sport physical for 395 days from the date of the exam. Students who receive freshman physicals March 1, 2020 will need another sports physical by April 1 of 2021, if they desire to participate in spring sports. Please keep this in mind when scheduling your child's physical.
- Call for vaccine and physical appointments prior to end of this school year.
- A copy of your child's immunization record may be required by the health care provider.
- STUDENTS NOT IN COMPLIANCE WITH PHYSICAL AND IMMUNIZATIONS WILL BE EXCLUDED FROM SCHOOL PER STATE REQUIREMENTS.
- ***NEW REQUIREMENT: All 9th grade students must have a current dental exam dated after 11/15/19.or waiver completed by May 15, 2021. Forms are available on the district web site under Health Forms.***



DENTAL REQUIREMENT FOR 9TH GRADE STUDENTS



The State of Illinois is now requiring dental exams for all 9th grade students. Students currently in 9th grade are required to have a completed dental exam or waiver on file by May 15, 2020.

- School dental exams must have been completed after November 15, 2018.
- The IDPH dental exam form must be used.
- Exams must be performed by licensed dentists.
- Dental waivers are allowed if:
 - Student is enrolled in free and reduced lunch program and does not have dental insurance.
 - Student is enrolled in free and reduced lunch program and is ineligible for public insurance (Medicaid/All Kids).
 - Student is enrolled in Medicaid/All Kids, but the family is unable to find a dentist or dental clinic in the community who will accept Medicaid/All Kids.
 - Student does not have any type of dental insurance and there is no low-cost dental clinics in the community that will see the child.
- Religious exemption is allowed if religious exemption form is completed.
- Dental appointment cards are accepted as long as the appointment is scheduled within 60 days of May 15. Completed dental exams must be turned in by the beginning of the following school year.

Dental exams and waivers are available on the District Website: www.sherrard.us go to Departments and select Health Services, Health Forms and Dental Exam/Waiver



Illinois State Scholars Announcement

Twelve students from the graduating class of 2020 have been recognized as 2020-2021 Illinois State Scholars.

| | |
|-----------------|-----------------|
| Lilley Anderson | Holly Jacobs |
| Guinevere Diehl | Alexis Passno |
| Rhett Frere | Kacey Plambeck |
| Joshua Gibson | Josie Spence |
| Laila Haley | Aidan Welch |
| Emma Hofmann | Taylor Williams |

The Illinois Student Assistance Commission (ISAC), the state agency committed to helping to make college accessible and affordable for Illinois families, confers this prestigious recognition to top Illinois high school students annually. This year, more than 21,000 honorees join the other top students who have been honored for their academic achievements since the designation was first introduced in 1958.

Illinois State Scholars represent approximately the top ten percent of high school seniors from 757 high schools across the state. Illinois State Scholars are chosen based on a combination of exemplary ACT or SAT test scores and sixth semester class rank.

From the Guidance Office

Incoming Freshman Orientation Night - Jan 8th, 5:30pm, HS Auditorium

Dual Credit Parent Meeting (Juniors and Seniors only) - Jan 8th, 6:45pm, HS Auditorium

UT Area Career Center Tour (juniors and seniors) - January 22 (Letter and forms sent in mail) see Mrs Drish for forms if needed

Registration dates:

To be 9th grade: January 13th - 15th

To be 10th grade: January 21st - 23rd

To be 11th grade: January 27th - 29th

To be 12th grade: February 3rd - 5th

For any questions contact:

Mrs Drish, Academic Coordinator

drishju@sherrard.us*

*Please note we have two Mrs Drish's so be sure to use "ju" after "drish" in her email.



Event Schedule
01/07/2020 to 01/31/2020

Sherrard Junior/senior High School
4701 176th Avenue
Sherrard, IL 61281

Mike Applegate
School Phone: (309) 593-2175 HS
593-2135 JH
Fax: (309) 593-2775
applegatem@sherrard.us

Tuesday January 07, 2020

| Time | Activity | Facility | Comments |
|-----------------|----------------------------------|-------------|----------|
| 5:30 PM-TBA | *[+] Wrestling B JH vs Galesburg | (H) - Gym 2 | - |
| 5:30 PM-7:00 PM | *[+] Basketball B S vs BPC | (H) - Gym 1 | - |
| 7:00 PM-9:00 PM | *[+] Basketball B V vs BPC | (H) - Gym 1 | - |

Wednesday January 08, 2020

| Time | Activity | Facility | Comments |
|-----------------|---|-----------------------------|----------|
| 5:30 PM-7:30 PM | *[+] Basketball B JH vs Mercer County | (H) - Gym 3 | - |
| 5:30 PM-7:30 PM | * School Event N N - To Be Freshmen Meeting | (TBA) - Auditorium | - |
| 6:00 PM-8:00 PM | *[+] Wrestling B V vs Macomb/ M/R | (A) - Monmouth/Roseville HS | - |
| 6:45 PM-7:30 PM | * School Event N N - Dual Credit | (TBA) - Auditorium | - |

Thursday January 09, 2020

| Time | Activity | Facility | Comments |
|-----------------|--|-------------|----------|
| 5:30 PM-TBA | *[+] Basketball B JH vs Costa Catholic | (H) - Gym 3 | - |
| 5:30 PM-7:00 PM | *[+] Basketball G S vs Morrison | (H) - Gym 1 | - |
| 7:00 PM-9:00 PM | *[+] Basketball G V vs Morrison | (H) - Gym 1 | - |

Friday January 10, 2020

| Time | Activity | Facility | Comments |
|-----------------|---------------------------------|----------------|----------|
| 5:30 PM-7:00 PM | *[+] Basketball B S vs Morrison | (A) - Morrison | - |
| 7:00 PM-9:00 PM | *[+] Basketball B V vs Morrison | (A) - Morrison | - |

Saturday January 11, 2020

| Time | Activity | Facility | Comments |
|-------------|---|----------------------------|----------|
| TBA-TBA | *[+] Scholastic Bowl N N vs Davenport Central HS - History Bowl | (A) - Davenport Central HS | - |
| 3:15 PM-TBA | *[+] Basketball G V vs TBA- IOWA/ILL SHOWCASE - vs Assumption | (A) - Carver Center- Augie | - |

Monday January 13, 2020

| Time | Activity | Facility | Comments |
|-----------------|--|--------------------------|----------|
| 5:00 PM-TBA | *[+] Scholastic Bowl N N vs Morrison & Rockridge | (H) - B23 | - |
| 5:30 PM-TBA | *[+] Volleyball G JH vs ICS | (H) - Gym 3 | - |
| 5:30 PM-7:00 PM | *[+] Basketball G S vs Riverdale | (A) - Riverdale | - |
| 5:30 PM-7:30 PM | *[+] Basketball B JH vs Monmouth Roseville | (A) - Monmouth Roseville | - |
| 7:00 PM-9:00 PM | *[+] Basketball G V vs Riverdale | (A) - Riverdale | - |

Tuesday January 14, 2020

| Time | Activity | Facility | Comments |
|-------------|--|--|----------|
| 5:30 PM-TBA | *[+] Wrestling B V vs Sterling Newman, Oregon, and Mendota - @Oregon | (A) - Sterling Newman, Oregon, and Mendota | - |

Wednesday January 15, 2020

| Time | Activity | Facility | Comments |
|-------------|---|----------|----------|
| 3:00 PM-TBA | * School Event N N - Spring Musical Tryouts | (H) - | - |

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| | | | |
|-----------------|---|-------------|---|
| 5:00 PM-TBA | * [+] Volleyball G JH vs Kewanee Central JH | (H) - Gym 3 | - |
| 5:30 PM-7:30 PM | * [+] Basketball B JH vs Orion | (A) - Orion | - |
| 6:00 PM-TBA | * [+] Wrestling B V vs Putnam County High School | (H) - Gym 2 | - |

Thursday January 16, 2020

| Time | Activity | Facility | Comments |
|-----------------|--|-------------------------|----------|
| 3:00 PM-TBA | * School Event N N - Spring Musical Tryouts | (H) - | - |
| 5:30 PM-TBA | * [+] Wrestling B V vs Knoxville/Alleman - @knoxville | (A) - Knoxville/Alleman | - |
| 5:30 PM-TBA | * [+] Volleyball G JH vs Annawan | (H) - Gym 3 | - |
| 5:30 PM-7:00 PM | * [+] Basketball G S vs Orion | (A) - Orion | - |
| 7:00 PM-9:00 PM | * [+] Basketball G V vs Orion | (A) - Orion | - |

Friday January 17, 2020

| Time | Activity | Facility | Comments |
|-----------------|--|-------------|----------|
| 5:30 PM-7:00 PM | * [+] Basketball B S vs Riverdale | (H) - Gym 1 | - |
| 7:00 PM-9:00 PM | * [+] Basketball B V vs Riverdale | (H) - Gym 1 | - |

Saturday January 18, 2020

| Time | Activity | Facility | Comments |
|-----------------|---|---|----------|
| TBA-TBA | * [+] Wrestling B JH vs Erie-Prophetstown Tournament | (A) - Erie-Prophetstown Tournament | - |
| TBA-TBA | * School Event N N - Tiger Tip Off | (H) - | - |
| TBA-TBA | * [+] Scholastic Bowl N N vs Mercer Co HS -Golden Eagle Invite | (A) - Mercer Co HS -Golden Eagle Invite | - |
| 5:00 PM-6:15 PM | * [+] Basketball G S vs Erie-Prophetstown - @PTOWN | (A) - Erie-Prophetstown | - |
| 6:30 PM-TBA | * [+] Basketball G V vs Erie-Prophetstown - @PTOWN | (A) - Erie-Prophetstown | - |

Monday January 20, 2020

| Time | Activity | Facility | Comments |
|-------------|--|----------------------|----------|
| 3:00 PM-TBA | * [+] Basketball G V vs Illini West HS - Illini West Tournament vs Winchester | (A) - Illini West HS | - |

Tuesday January 21, 2020

| Time | Activity | Facility | Comments |
|-----------------|---|--------------------------|----------|
| 5:30 PM-7:30 PM | * [+] Volleyball G JH vs Knoxville | (H) - Gym 3 | - |
| 6:00 PM-8:00 PM | * [+] Basketball B S vs Monmouth/Roseville | (A) - Monmouth/Roseville | - |
| 7:30 PM-9:30 PM | * [+] Basketball B V vs Monmouth/Roseville | (A) - Monmouth/Roseville | - |

Wednesday January 22, 2020

| Time | Activity | Facility | Comments |
|-----------------|---|-------------|----------|
| 5:30 PM-7:30 PM | * [+] Volleyball G JH vs Rockridge | (H) - Gym 3 | - |

Thursday January 23, 2020

| Time | Activity | Facility | Comments |
|-----------------|---|-----------------|----------|
| 5:30 PM-7:00 PM | * [+] Basketball G S vs Rockridge | (A) - Rockridge | - |
| 5:30 PM-7:30 PM | * [+] Wrestling B JH vs Mercer Co - Mercer Co, and Wilson Middle | (H) - Gym 2 | - |
| 7:00 PM-9:00 PM | * [+] Basketball G V vs Rockridge | (A) - Rockridge | - |

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Friday January 24, 2020

| Time | Activity | Facility | Comments |
|------------------------|--|--------------------|----------|
| TBA-TBA | *[+] Wrestling B V vs Orion - Bob Mitton Tourney | (A) - Orion | - |
| 5:30 PM-7:00 PM | *[+] Basketball B S vs Orion | (H) - Gym 1 | - |
| 7:00 PM-9:00 PM | *[+] Basketball B V vs Orion | (H) - Gym 1 | - |

Saturday January 25, 2020

| Time | Activity | Facility | Comments |
|-------------|---|---|---|
| TBA-TBA | *[+] Wrestling B V vs Orion - Bob Mitton Tourney | (A) - Orion | - |
| TBA-TBA | *[+] Basketball B JH vs Regional - 7th grade regional | (TBA) - | - |
| 8:30 AM-TBA | *[+] Scholastic Bowl N N vs Macomb HS | (A) - Macomb HS | - |
| 9:00 AM-TBA | *[+] Wrestling B JH vs Rockridge Invitational Tournament | (A) - Rockridge Invitational Tournament | - |
| 1:30 PM-TBA | *[+] Basketball B V vs TBA - Great Western Shootout-A. Avon vs Peoria Heights | (A) - TBA | - |
| 5:00 PM-TBA | * School Event N N - Softball Trivia Night | (TBA) - Commons | Doors open at 5pm, trivia starts at 6pm |

Monday January 27, 2020

| Time | Activity | Facility | Comments |
|------------------------|--|-----------------------|----------|
| 5:00 PM-TBA | *[+] Scholastic Bowl N N vs Prophetstown HS - EP, St. Bede | (A) - Prophetstown HS | - |
| 5:30 PM-7:00 PM | *[+] Basketball G S vs Fulton | (H) - Gym 1 | - |
| 5:30 PM-7:30 PM | *[+] Volleyball G JH vs Mercer County | (A) - Mercer County | - |
| 7:00 PM-9:00 PM | *[+] Basketball G V vs Fulton | (H) - Gym 1 | - |

Wednesday January 29, 2020

| Time | Activity | Facility | Comments |
|------------------------|---|--------------------|----------|
| TBA-TBA | *[+] Wrestling B V vs Orion & Erie | (A) - Orion & Erie | - |
| TBA-TBA | *[+] Basketball B F vs Alleman HS | (A) - Alleman HS | - |
| 5:30 PM-7:30 PM | *[+] Volleyball G JH vs Mon/Rose | (H) - Gym 3 | - |

Thursday January 30, 2020

| Time | Activity | Facility | Comments |
|------------------------|---|--------------------|----------|
| TBA-TBA | *[+] Band N N - ILMEA All-State Conference HS Jazz Performance - Peoria | (A) - | - |
| 4:30 PM-TBA | *[+] Volleyball G JH vs Churchill JH | (A) - Churchill JH | - |
| 5:30 PM-7:00 PM | *[+] Basketball G S vs Morrison | (A) - Morrison | - |
| 5:30 PM-7:00 PM | *[+] Basketball B S vs Rockridge | (H) - Gym 1 | - |
| 5:30 PM-7:30 PM | *[+] Wrestling B JH vs Mon/Rose - Mon/Rose, Riverdale | (H) - Gym 2 | - |
| 7:00 PM-9:00 PM | *[+] Basketball B V vs Rockridge | (H) - Gym 1 | - |
| 7:00 PM-9:00 PM | *[+] Basketball G V vs Morrison | (A) - Morrison | - |

Friday January 31, 2020

| Time | Activity | Facility | Comments |
|---------|---|----------|----------|
| TBA-TBA | *[+] Band N N - ILMEA All-State Conference HS Jazz Performance - Peoria | (A) - | - |

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6:00 PM-TBA

*[+] Wrestling B V vs princeton & rockridge

(H) - Gym 1

Menu is subject to change

January 2020 Ala Carte Menu

This institution is an equal
opportunity provider.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|-----------------------------------|--|
| | | NO SCHOOL NEW YEAR'S DAY | NO SCHOOL | NO SCHOOL |
| | | 1 | 2 | 3 |
| NO SCHOOL <i>TEACHERS INSTITUTE</i> | GRILLED CHICKEN/BUN PRETZEL W/CHEESE SAUCE | HOT HAM & CHEESE/BUN SMILEY POTATOES | CRISPITOS | HOT DOG/BUN MAC & CHEESE FISH SANDWICH |
| 6 | 7 | 8 | 9 | 10 |
| FLAMING CHICKEN/BUN PRETZEL W/CHEESE SAUCE | Chicken Nuggets Mashed Potatoes Green Beans Fruit Milk Choice | CHEESEBURGER TATER TOTS | MINI CORN DOGS POTATO ITEM | BREADED CHICKEN/BUN MAC & CHEESE FISH SANDWICH |
| 13 | 14 | 15 | 16 | 17 |
| NO SCHOOL <i>Martin Luther King Jr. Day</i> | GRILLED CHEESE CHILI | TENDERLOIN/BUN MASHED POTATOES | WALKING TACOS | CHICKEN BAKED POTATO |
| 20 | 21 | 22 | 23 | 24 |
| CHEESE DIPPERS W/MARINARA SAUCE | 6" FRENCH BREAD W/MARINARA SAUCE | RIBETTE//BUN POTATO ITEM | PIZZA | COOKS CHOICE |
| 27 | 28 | 29 | 30 | 31 |

January 2020

Sherrard Jr-Sr High Menu

LUNCH



School Information: Menu Subject to Change
This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.

Monday



No School **6**

Tuesday



Breakfast Pizza **7**
Hash Brown Patty
Green Beans – Fruit
Milk Choice

Wednesday

No School **1**

Thursday

No School **2**

Friday

No School **3**

6" Cheese French Bread **13**
Marinara Sauce
Baked Beans – Tossed Salad
Fruit – Snack Cookie
Milk Choice

Chicken Nuggets **14**
Mashed Potatoes
Green Beans
Fruit
Milk Choice

Cheese Stuffed Crust Pizza **15**
OR Pepperoni Stuffed Crust
Spinach Salad
Tomatoes
Fruit
Milk Choice

Chicken Quesadilla **16**
Tortilla Scoops
Garden Salad
Vegetable Blend
Fruit
Milk Choice

Crispito **17**
Honey Bunny Bites
Broccoli
Fruit
Milk Choice

No School **20**

Super Nachos **21**
Refried Beans
Cherry Tomatoes
Fruit - Churro
Milk Choice

Cheese Dippers **22**
Marinara Sauce
Vegetable Blend – Tossed Salad
Fruit
Milk Choice

French Toast Sticks/Syrup **23**
Sausage Patty
Hash Browns
Green Beans – Fruit
Milk Choice

Fish Sticks **24**
Mac & Cheese
Corn
Carrots
Fruit – Snack Cookie
Milk Choice

Mini Corn Dogs **27**
Chips
Carrots
Green Beans – Fruit
Churro
Milk Choice

Breaded Chicken Patty/Bur **28**
OR Flaming Chicken Patty
Sweet Potato Fries
Celery/Peanut Butter
Fruit
Milk Choice

Ravioli **29**
Garlic Bread Stick
Garden Salad
Fruit - Slushy
Milk Choice

Walking Taco **30**
Refried Beans
Cherry Tomatoes
Fruit
Milk Choice

Cheese Personal Pan Pizz **31**
OR Pepperoni Personal Pizza
Tossed Salad
Honey Bunny Bites
Fruit - Snack Cookie
Milk Choice

January 2020

Sherrard PreK-12 Menu

BREAKFAST



School Information: Menu Subject to Change
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Applications for free/reduced meals are available at each attendance center. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.

Monday



No School **6**

13
Fruit Frudel
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

No School **20**

27
Muffin
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Tuesday



7
Cereal Bar
Cheese Stick
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

14
Mini Bagel
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

21
Cereal Bowl
Snack Cookie
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

28
French Toast Sticks/Syrup
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Wednesday

No School **1**

8
Mini Cinnis
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

15
Waffels/Syrup
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

22
Mini Bagel
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

29
Egg & Cheese Omelet
Gold Fish Crackers
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Thursday

No School **2**

9
Muffin
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

16
Mini Banana Loaf
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

23
Whole Grain Poptart
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

30
Pancakes
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

Friday

No School **3**

10
Cinnamon Super Stix
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

17
Sausage Pancake Bites
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

24
Fruit Frudel
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

31
Cinnabuns
½ Cup Fruit
½ Cup 100% Juice
Milk Choice