

# TigerTimes

Sherrard Jr/Sr High Newsletter

**February, 2020**

Tim Wernentin, High School Principal  
Rick Basala, Jr. High Principal

**February 5**

Booster Club Meeting - 6p

**February 12**

Early dismissal - 1p

**February 15**

Tiger Tip Off - 4/6 Gr Girls

**February 17**

No School

**February 18**

Blood Drive - 8a-1p

**February 19**

School Board Meeting - 6p

**February 22**

Tiger Tip Off - 7/8 Gr Boys

**February 26**

Early dismissal - 1p

**February 29**

Sadies Dance - 7-10p

## Principal's Notes

Greetings from the main office! So far we have dodged full day school cancellations (knock on wood!) and we remain on target for May 26 being our last day of school (seniors last day being May 21). As you know, many factors come into play on weather related school cancellations and dismissals, but please know we examine many factors prior to any determination.

You may have noticed that semester report cards were mailed home as an effort to keep you informed of your student's progress. Third quarter progress report will be provided to the students (not mailed home) after spring break and we will mail home final report cards in June. At any time, you may contact your student's counselor for a copy.

We are currently completing our 2020-21 registration process. Parent/guardian signatures are required prior to final enrollment in courses. I encourage you to review our Registration Guide and sample schedules at <https://www.sherrard.us/Page/371>.

Thank you for your continued support at the many SHS activities! As always, we have high attendance at our athletic, music, and other events. Winter season IHSA tournaments are right around the corner and we encourage you to support your Tigers!

Some other dates for you to remember:

- Early dismissals on February 12 and 26
- No school on February 17
- Parent/Teacher conferences March 5 and 6
- Spring Break is March 9-13
- No school on Good Friday, April 10 and Monday, April 13

**[shs.sherrard.us](https://shs.sherrard.us) • [sjhs.sherrard.us](https://sjhs.sherrard.us)**



Sherrard Jr/Sr High School  
4701 176th Avenue  
Sherrard, IL 61281  
High School 309.593.2175  
Jr. High 309.593.2135

### Student of the Month

#### HIGH SCHOOL

**English:** Jasmine Mathis

**Science:** Logan Slattery

**Social Studies:** Ella Spengler

**Fine Arts:** Lily Kregel

**PE/Health:** Evan Atnip

**Vocational:** Josh VanDerLinden

**Special Forces:** Walker Anderson

**Rotary Student of the Month:**  
Logan Slattery

#### JUNIOR HIGH

**English:** Hunter Breiby

**Math:** Cohwen Hanneman

**Science:** Ryan Fowler

**Social Studies:** Will Dryoel

**Fine Arts:** Ryan Fowler

**PE/Health:** Beth Churchill

**Vocational:** Morgyn Allison

**Striving for Excellence:**  
Kyran Ballard



Thank you for your continued partnership as we prepare your student for life after Sherrard High School! Please join us at conference time or contact me at 309-593-2175 or at [wernentint@sherrard.us](mailto:wernentint@sherrard.us) with questions, concerns, or comments.

Tim Wernentin, SHS Principal

### JH Principal's Notes

Parents and Guardians,

2020 has started off on the right foot! There are many activities at Sherrard Junior High that are propelling us to our Exemplary designation status, AGAIN :)

The students are in the process of completing their Survey on the 5 Essentials. The parents may also take this survey to give valuable input to our staff. The link is on the District website. Thank you for your participation.

There are also after school activities that are progressing. The girl's volleyball teams have a winning record so far in their season. Good luck in Regionals! The wrestling and scholastic teams are competing as well. Good Luck at their respective regionals!

Reminder - Don't forget to call the school if your child is running late or out sick. Please bring a doctor's note if they are at an appointment. As you know, school attendance is crucial for success.

Let's have a great February!

Rick Basala, JH Principal

### Sadie Hawkins Dance

The Sherrard Sadie Hawkins dance will be held on Saturday, February 29th from 7pm-10pm in Sherrard High School Commons. This year's theme will be a "Winter Wonderland." Sophomore Senate invites all high school students to enjoy an evening of dancing, snacks, and punch. Tickets will be sold at a cost of \$10.00 from Feb. 21st - Feb. 28th at lunchtime.

### JH Cheer Clinic



## JH Cheer Clinic

Thank you to everyone that participated in the JH Cheer Clinic this year. We had a larger turn out than in previous years and I truly believe all of the kids had a lot of fun! From this, the JH Cheerleaders will be able to purchase athletic bags for future use. Please continue to support the programs here at Sherrard in any way you can! #SherrardRoars!

## Spain in 2020

It's not too late to sign up for a trip to Spain. The company EF Tours has us paired locally with several students from Rock Island High School. Presently 11 people are signed up, 3 from Sherrard. The last day to register is February 19. Payment options are running out, but still available. The plan is to depart within a 4-day window (June 4-8) and return on the 10th day (13-18). The reason for the window, is to pair our small group with a much larger group which would fill a 40-passenger bus. More information can be obtained by contacting Mr. Lopez at [lopezj@sherrard.us](mailto:lopezj@sherrard.us) or on-line at [www.eftours.com/2128518](http://www.eftours.com/2128518).

## Blood Drive

On Tuesday, February 18th, the Sherrard All School Senate will be hosting the annual BJ Luxmore Memorial Blood from 8:00-1:00 in gym two. BJ Luxmore is a 2005 graduate of Sherrard High School who was KIA in Afghanistan in June of 2012. Each year the students of Sherrard honor his memory by hosting a blood drive. The blood drive allows the students to help save lives in honor of BJ. Anyone is welcome to schedule an appointment to donate blood and all walk ins are accepted. If there are questions or concerns please reach out to Vanessa Schulenberg at [schulenbergv@sherrard.us](mailto:schulenbergv@sherrard.us). We look forward to seeing you the day of our drive!

## Mr. SHS Pageant

SHS Tiger fans come help support the Junior/Senior Prom! Come see who will be crowned Mr. SHS on Friday night March 20th. Doors open at 6 p.m with the Talent Show starting at 7:00 p.m. in the high school auditorium. Tickets will only be sold at the door and cost is \$5. Vote for People's choice the night of the performance. Any questions contact Ms. Arnold at the high school.



### Mr. SHS Pageant Contestants

Calling all junior and senior boys who have a special hidden talent. Want free prom tickets and other fabulous prizes? Want to be crowned Mr. SHS and rule the world? Then sign up in the high school office by February 28th for your chance to win some amazing prizes and the crown and title of Mr. SHS. You will compete in a talent show (alone, in pairs, group, etc), strut your stuff (and don't forget your arm candy escort), and then answer a thought provoking on-stage question. So hurry and sign up in the office and grab your application. Applications must be turned in by February 28th to Mrs. Arnold in room E16.

### Spring Musical

The Sherrard High School Students are hard at work on their spring musical, Once Upon a Mattress. Show dates are March 27th and 28th at 7pm and March 29th at 3pm. Look out for updates and news on Facebook at 'Sherrard Drama Department'!

### Post Prom Bingo

The Post Prom Committee has some very important information to share with you about this year's Post Prom BINGO and Post Prom. Post Prom BINGO will be held on Saturday, March 21st at the high school. We are looking for donations of gift cards or for you to sponsor a game of BINGO with a cash prize. If you would like to donate or sponsor a round of Post Prom BINGO, please contact Cindy Steckel, [steckelc@sherrard.us](mailto:steckelc@sherrard.us) or Jen Diehl, [diehlj@sherrard.us](mailto:diehlj@sherrard.us) Post Prom BINGO is our main fundraiser for Post Prom. We need your help and support! Please plan to attend.

### Post Prom

Post Prom will be held on Saturday, May 2nd at the High School following the completion of Prom. The committee welcomes and appreciates any donation you can make to defray the costs. Every donation goes to the kids!

We are looking for more parent volunteers at the Post Prom event! Please consider volunteering your time. Please contact Cindy Steckel or Jen Diehl at 593-2135 or email at [steckelc@sherrard.us](mailto:steckelc@sherrard.us) or [diehlj@sherrard.us](mailto:diehlj@sherrard.us) with questions or if you would like to volunteer.



### **Dissection Lab**

The 7th graders will be dissecting frogs for the first time in years! The funding was made possible by a grant and the lab is planned for the later part of February. Please help me promote the importance of lab safety for that day and share your experiences from your school days dissections with your student. I expect it will be a day many will remember for a long time!

### **7th Grade Field Trip - Nahant Marsh**

A reminder the 7th grade field trip to Nahant Marsh in Davenport is Wed, May 20. It will be all day so please avoid scheduling appointments that day as we will be gone ALL DAY! Further details and permission slips will be sent home late March.

### **Join the Booster Club!**

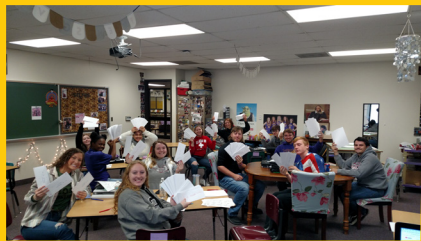
We invite you to attend the next board meeting to find out more about the Booster Club which supports Sherrard students in ALL academics, athletics, clubs and organizations. Our next meeting will be March 4th at 6:00pm. This meeting will be in the Health Room, B25. Come check us out!

### **Booster Club Scholarships**

The Sherrard Booster Club will have up to four \$1000 scholarships available to 2020 graduating seniors. Watch for the application form to come out on the Booster Club Facebook page, the Booster Club page on the high school website, the Counseling Department page on the high school website, the Seniors Google Classroom and hard copies in the Counselors office. Check out scholarship requirements on the Booster webpage on the High School website by going to the Parents/Students tab then Sherrard Boosters.



### *Friday Features in Sr English*



## Sherrard Academic Foundation Scholarship

It's scholarship time! Calling all Sherrard Seniors! Are you or do you know someone who wants to attend a four year, two year or vocational/technical school after graduation? The Sherrard Academic Foundation wants to help you reach that goal!

Applications and more details can be found for the Sherrard Academic Foundation scholarships at [molinefoundation.org](http://molinefoundation.org).

Don't delay! Applications are due February 15, 2020.

## Friday Features in Senior English

Each Friday the students in English 4 have learned a life skills thanks to wonderful people in and around our community. From paying it forward lessons, to being an organ donor, to how to handle stress, to interviewing skills to sign language, the seniors are spending their Fridays learning valuable skills to take with them in the real world. In the next few weeks, seniors will have the opportunity to register to vote, learn about nutrition when they are at college/workforce and learn about electronic banking and saving for the future. We are always looking for Friday Feature ideas. If you have one, please contact Tammy Crippen by emailing her at [crippent@sherrard.us](mailto:crippent@sherrard.us).

## Tiger Closet

Tiger Closet continues to assist the families in our school district that are in need of resources. Since August of 2019 - November of 2019 we have served 69 Families, 292 Individuals, 145 Children; providing nearly 5,000 meals (4,912 meals.) Our STEP students have been learning valuable work skills by organizing and cleaning the Tiger Closet. We are very grateful for the continued support from the staff and community. We always welcome donations to assist our cause. Donations may be dropped off at the high school office. A list of needed items can be found on the district website under the tab Parents / Students. The closet will be open and staffed on the following dates from 2:30 pm to 7:00 pm for anyone in need:

- February 11th and 25th
- March 24th
- April 14th and 28th
- May 12th and 26th



### *From the Guidance Office*

Black Hawk has listed ACT and SAT prep courses for the spring. ACT prep is available in February and SAT in March. Check out the website at <https://www.bhc.edu/program/actsat-prep/> for more information.

The SAT exam will be administered to all juniors on Tuesday, April 15.

The Illinois Student Assistance Commission is a great place to find free resources on student aid and paying for college. The website can be found here: <http://www.isac.org/>.

Be sure to check out the Sherrard HS website for college scholarships. Go to Academic/Counseling Center under the Departments tab of the HS page.

The Free Application for Federal Student Aid or FAFSA opened October 1st! If your student is planning to attend a two or four-year institution next year, be sure to fill out the form online.

*Senior parents - if you haven't completed the FAFSA, here is another opportunity for help!*

Black Hawk College FAFSA Completion Night  
Wednesday, February 26th  
4-7p.m. Building 1, Room 305

Bring the following:

- Federal Student Aid (FSA) ID - can get this at [fsaid.ed.gov](https://fsaid.ed.gov)
- Social Security Numbers
- 2018 federal tax documentation
- 2018 untaxed income

For any questions contact:

Mrs Drish, Academic Coordinator  
[drishju@sherrard.us](mailto:drishju@sherrard.us)\*

\*Please note we have two Mrs Drish's so be sure to use "ju" after "drish" in her email.



Event Schedule  
02/01/2020 to 02/29/2020

**Sherrard Junior/senior High School**  
4701 176th Avenue  
Sherrard, IL 61281

Mike Applegate  
School Phone: (309) 593-2175 HS  
593-2135 JH  
Fax: (309) 593-2775  
applegatem@sherrard.us

**Saturday February 01, 2020**

Time	Activity	Facility	Comments
TBA-TBA	*[+] Cheerleading G V vs IHSA Sectional Meet - @Belvidere	(A) - IHSA Sectional Meet	-
TBA-TBA	*[+] Basketball B JH vs Regional - 8th Grade	(A) - Regional	-
TBA-TBA	*[+] Band N N - ILMEA All-State Conference HS Jazz Performance - Peoria	(A) -	-
9:00 AM-TBA	*[+] Wrestling B V vs Oregon Tournament - FR/SOPH CLASSIC	(A) - Oregon Tournament	-
9:00 AM-TBA	*[+] Wrestling B JH vs Orion Tournament	(A) - Orion Tournament	-

**Monday February 03, 2020**

Time	Activity	Facility	Comments
5:00 PM-TBA	*[+] Scholastic Bowl N N vs Riverdale High School - Orion, Fulton, Riverdale	(A) - Riverdale High School	-
<b>5:30 PM-7:00 PM</b>	<b>*[+] Basketball G S vs Riverdale</b>	<b>(H) - Gym 1</b>	-
<b>5:30 PM-7:30 PM</b>	<b>*[+] Volleyball G JH vs Orion</b>	<b>(H) - Gym 3</b>	-
<b>6:00 PM-TBA</b>	<b>*[+] Basketball B F vs Mercer Co HS</b>	<b>(H) - Gym 2</b>	-
<b>7:00 PM-9:00 PM</b>	<b>*[+] Basketball G V vs Riverdale</b>	<b>(H) - Gym 1</b>	-

**Tuesday February 04, 2020**

Time	Activity	Facility	Comments
5:30 PM-TBA	*[+] Basketball B S vs Erie-Prophetstown	(A) - Erie-Prophetstown	-
7:00 PM-TBA	*[+] Basketball B V vs Erie-Prophetstown	(A) - Erie-Prophetstown	-

**Wednesday February 05, 2020**

Time	Activity	Facility	Comments
4:00 PM-TBA	* Scholastic JH C JH vs Knoxville JH	(A) - Knoxville JH	-
5:30 PM-7:30 PM	*[+] Volleyball G JH vs Knoxville	(A) - Knoxville	-

**Thursday February 06, 2020**

Time	Activity	Facility	Comments
<b>5:00 PM-TBA</b>	<b>*[+] Volleyball G JH vs Wethersfield Jr/Sr High School</b>	<b>(H) - Gym 3</b>	-
<b>5:30 PM-7:00 PM</b>	<b>*[+] Basketball G S vs Mercer Co HS</b>	<b>(H) - Gym 1</b>	-
<b>5:30 PM-7:30 PM</b>	<b>*[+] Wrestling B JH vs Orion - Orion and Eddison Jr. High</b>	<b>(H) - Gym 2</b>	-
<b>7:00 PM-9:00 PM</b>	<b>*[+] Basketball G V vs Mercer Co HS - SENIOR NIGHT</b>	<b>(H) - Gym 1</b>	-

**Friday February 07, 2020**

Time	Activity	Facility	Comments
5:30 PM-7:00 PM	*[+] Basketball B S vs Fulton	(A) - Fulton	-
7:00 PM-9:00 PM	*[+] Basketball B V vs Fulton	(A) - Fulton	-

**Saturday February 08, 2020**

Time	Activity	Facility	Comments
TBA-TBA	*[+] Basketball G F vs MONMOUTH/ROSEVILLE HS	(H) - Gym 3	-



**Monday February 10, 2020**

Time	Activity	Facility	Comments
TBA-TBA	*[+] Basketball G V vs IHSA Regional	(TBA) -	-
4:00 PM-TBA	* Scholastic JH C JH vs Rockridge	(A) - Rockridge	-
5:30 PM-7:30 PM	*[+] Volleyball G JH vs Rockridge	(A) - Rockridge	-

**Tuesday February 11, 2020**

Time	Activity	Facility	Comments
TBA-TBA	*[+] Basketball G V vs IHSA Regional	(TBA) -	-
TBA-TBA	*[+] Scholastic Bowl N N vs Riverdale - 4 team quad	(A) - Riverdale	-

**Wednesday February 12, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - Early dismissal @ 1pm	(TBA) -	-
TBA-TBA	*[+] Basketball G V vs IHSA Regional	(TBA) -	-
4:00 PM-TBA	* Scholastic JH C JH vs Mercer County	(H) -	-
5:30 PM-7:30 PM	*[+] Volleyball G JH vs Mercer Co	(H) - Gym 3	-
6:00 PM-7:30 PM	*[+] Basketball B S vs Macomb	(H) - Gym 1	-
7:30 PM-9:00 PM	*[+] Basketball B V vs Macomb	(H) - Gym 1	-

**Thursday February 13, 2020**

Time	Activity	Facility	Comments
TBA-TBA	*[+] Basketball G V vs IHSA Regional	(TBA) -	-
5:30 PM-7:30 PM	*[+] Wrestling B JH vs Knoxville	(A) -	-

**Friday February 14, 2020**

Time	Activity	Facility	Comments
5:30 PM-7:00 PM	*[+] Basketball B S vs Morrison	(H) - Gym 1	-
7:00 PM-9:00 PM	*[+] Basketball B V vs Morrison	(H) - Gym 1	-

**Saturday February 15, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - Tiger Tip Off	(H) -	-
5:00 PM-6:30 PM	*[+] Basketball B S vs Kewanee	(A) -	-
6:30 PM-8:30 PM	*[+] Basketball B V vs Kewanee	(A) -	-

**Monday February 17, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - No School	(TBA) -	-

**Tuesday February 18, 2020**

Time	Activity	Facility	Comments
8:00 AM-1:00 PM	* School Event N N - BLOOD DRIVE	(H) - Gym 2	-
4:00 PM-TBA	* Scholastic JH C JH vs Monmouth/Roseville JH	(A) - Monmouth/Roseville JH	-
5:30 PM-7:00	*[+] Basketball B S vs Bureau Valley High School	(A) - Bureau Valley High School	-
5:30 PM-7:30 PM	*[+] Volleyball G JH vs Mon/Rose	(A) -	-

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mapplegate@sherrard.us

7:00 PM-TBA \***[+]** Basketball B V vs Bureau Valley High School (A) - Bureau Valley High School -

**Wednesday February 19, 2020**

Time	Activity	Facility	Comments
4:00 PM-TBA	* Scholastic JH C JH vs Orion	(A) - Orion	-
5:30 PM-7:30 PM	* <b>[+]</b> Volleyball G JH vs Orion	(A) - Orion	-

**Thursday February 20, 2020**

Time	Activity	Facility	Comments
5:30 PM-7:30 PM	* <b>[+]</b> Wrestling B JH vs Rockridge	(A) - Rockridge	-

**Friday February 21, 2020**

Time	Activity	Facility	Comments
5:30 PM-7:00 PM	* <b>[+]</b> Basketball B S vs Riverdale	(A) - Riverdale	-
7:00 PM-9:00 PM	* <b>[+]</b> Basketball B V vs Riverdale	(A) - Riverdale	-

**Saturday February 22, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* <b>School Event N N - Tiger Tip off</b>	(H) -	-

**Monday February 24, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* <b>[+]</b> Basketball B V vs IHSA Regional	(TBA) -	-
TBA-TBA	* <b>[+]</b> Scholastic Bowl N N vs Rockridge - Princeton, BV- Conference Final	(A) - Rockridge	-

**Tuesday February 25, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* <b>[+]</b> Basketball B V vs IHSA Regional	(TBA) -	-
5:30 PM-TBA	* <b>[+]</b> Volleyball G JH vs Costa Catholic	(A) - Costa Catholic	-

**Wednesday February 26, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - Early dismissal @ 1pm	(TBA) -	-
TBA-TBA	* <b>[+]</b> Basketball B V vs IHSA Regional	(TBA) -	-
6:00 PM-TBA	* <b>[+]</b> Activity N N - Spelling bee	(TBA) - Auditorium	-

**Thursday February 27, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* <b>[+]</b> Basketball B V vs IHSA Regional	(TBA) -	-
4:00 PM-TBA	* <b>Scholastic JH C JH vs Prairieland Conference Tournament</b>	(H) -	-

**Friday February 28, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* <b>[+]</b> Basketball B V vs IHSA Regional	(TBA) -	-

**Saturday February 29, 2020**

Time	Activity	Facility	Comments
TBA-TBA	* <b>[+]</b> Wrestling B JH vs Regional	(TBA) -	-

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TBA-TBA	*[+] Volleyball G JH vs Regional - 7TH Grade	(TBA) -	-
TBA-TBA	*[+] Band N N - Rolling Meadows HS Jazz in the Meadows Competition	(A) -	-
<b>7:00 PM-10:00 PM</b>	<b>* School Event N N - Sadies Dance</b>	<b>(H) - Commons</b>	-

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Menu is subject to change

# February Ala Carte

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
RIBETTE/BUN MINI CORN DOGS 3	6" FRENCH BREAD W/MARINARA SAUCE 4	CHICKEN QUESADILLA 5	GRILLED CHEESE <b>NEW ITEM</b> CHICKEN AND RICE SOUP 6	HOT DOG/BUN MAC & CHEESE FISH SANDWICH 7
FLAMING CHICKEN/BUN PRETZEL W/CHEESE SAUCE 10	BREADED CHICKEN/BUN MAC & CHEESE 11	<b>Early Dismissal</b> CHEESEBURGER TATER TOTS 12	MINI CORN DOG POTATO ITEM 13	Chicken Nuggets Mashed Potatoes Green Beans Fruit Johnny Pop Milk Choice 14
<b>NO SCHOOL</b> 17	HOT HAM & CHEESE/BUN FRIES 18	TENDERLOIN/BUN MASHED POTATOES 19	WALKING TACOS 20	CHICKEN BAKED POTATO 21
CRISPITOS 24	CHICKEN FAJITA SALAD 25	<b>Early Dismissal</b> RAVIOLI HAMBURGER/BUN 26	PIZZA 27	COOKS CHOICE FISH SANDWICH 28

# February 2020

## Sherrard Prek-12 Menu

### BREAKFAST



**School Information: Menu Subject to Change**  
 Early Dismissal - February 12<sup>th</sup> & 26<sup>th</sup>  
 No School - February 17<sup>th</sup>  
 This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.



### Monday

Whole Grain Poptart  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

3

### Tuesday

Cinnamon Super Stix  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

4

### Wednesday

Mini Cinnis  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

5

### Thursday

Muffin  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

6

### Friday

Cereal Bar  
 Cheese Stick  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

7

Fruit Frudel  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

10

Mini Bagel  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

11

Waffles/Syrup  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

12

Mini Banana Loaf  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

13

Sausage Pancake Bites  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

14

No School

17

Cereal Bowl  
 Snack Cookie  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

18

Mini Bagel  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

19

Whole Grain Poptart  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

20

Fruit Frudel  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

21

Muffin  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

24

French Toast Sticks/Syrup  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

25

Egg & Cheese Omelet  
 Gold Fish Crackers  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

26

Pancakes  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

27

Cinnabuns  
 ½ Cup Fruit  
 ½ Cup 100% Juice  
 Milk Choice

28



# February 2020

## Sherrard Jr-Sr High Menu

### LUNCH



**School Information: Menu Subject to Change**  
 Early Dismissal – February 12<sup>th</sup> & 26<sup>th</sup>  
 No School – February 17<sup>th</sup>  
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### Monday

Breakfast Pizza  
 Hash Browns  
 Green Beans – Fruit  
 Milk Choice

3

6" Cheese French Bread  
 Marinara Sauce  
 Tossed Salad  
 Baked Beans  
 Fruit – Snack Cookie  
 Milk Choice

10

No School

17

Corn Dog  
 Potato Wedges  
 Green Beans  
 Fruit  
 Churro  
 Milk Choice

24

### Tuesday

WG Breaded Chicken Patt  
 Marinara Pasta **New Item**  
 Celery/Peanut Butter  
 Bread Stick  
 Fruit  
 Milk Choice

4

Crispito  
 Honey Bunny Bites  
 Broccoli  
 Fruit  
 Milk Choice

11

Popcorn Chicken  
 Savory Rice  
 Baked Beans  
 Celery Sticks/Peanut Butter  
 Fruit  
 Milk Choice

18

Chicken Tenders  
 Egg Roll & Sauce  
 Carrots  
 Fruit  
 Snack Cookie  
 Milk Choice

25

### Wednesday

Pizza Crunchers **New Item**  
 Tossed Salad  
 Mixed Vegetables  
 Snack Cookie  
 Fruit  
 Milk Choice

5

Cheese Stuffed Crust Pizza  
 OR Pepporoni Stuffed Crust  
 Spinach Salad  
 Tomatoes  
 Fruit  
 Milk Choice

12

Cheese Dippers  
 Marinara Sauce  
 Tossed Salad  
 Vegetable Blend  
 Fruit  
 Milk Choice

19

Grilled Cheese  
 Tomato Soup  
 Goldfish Crackers  
 Celery/Peanut Butter  
 Fruit  
 Milk Choice

26

### Thursday

Super Nachos  
 Refried Beans  
 Cherry Tomatoes  
 Churro  
 Fruit  
 Milk Choice

6

Chicken Quesadillas  
 Tortilla Scoops  
 Garden Salad  
 Vegetable Blend  
 Fruit  
 Milk Choice

13

French Toast Sticks/Syrup  
 Sausage Patty  
 Hash Browns  
 Green Beans  
 Fruit  
 Milk Choice

20

Walking Tacos  
 Cherry Tomatoes  
 Refried Beans  
 Fruit  
 Milk Choice

27

### Friday

Cheeseburger/Bun  
 Sweet Fries  
 Lettuce Salad  
 Baked Apples  
 Milk Choice

7

Chicken Nuggets  
 Mashed Potatoes  
 Green Beans  
 Fruit  
 Johnny Pop **New Item**  
 Milk Choice

14

Hot Dog/Bun  
 Mac & Cheese  
 Corn  
 Carrots  
 Fruit  
 Milk Choice

21

Popcorn Shrimp  
 Cheese Stick  
 Creamy Cole Slaw  
 Baked Beans  
 Churro – Fruit  
 Milk Choice

28

