

TigerTimes

Sherrard Jr/Sr High Newsletter

March 2

Spring sports start

March 3

JH/HS Winter Band Concert - 7p

March 4

Booster Club Meeting - 6p

Winter Chamber Concert - 7p

March 5

Early Dismissal - 1p

P/T Conference - 2:15-6:30p

March 6

No School

P/T Conference - 7:10-10:10a

March 9-13

No School - Spring Break

March 16

Choir Concert - 7p

March 18

School Board Meeting - 6p

March 20

Mr. SHS - 7p

March 21

Post Prom Bingo - 7p

March 25

Early Dismissal - 1p

March 26

NHS Ceremony - 7p

March 27-28

Spring Musical - 7p

March 29

Spring Musical - 3p

March, 2020

Tim Wernentin, High School Principal
Rick Basala, Jr. High Principal

Principal's Notes

Greetings from the Principal's Office! As you read this, we are getting close to the end of third quarter and I encourage you to attend Spring Parent/Teacher conferences to be held on March 5 from 3:00 p.m. to 6:30 p.m. and March 6 from 7:10 a.m. to 10:10 a.m. Know you can always schedule a conference with the teacher, administrator, or counselor by calling 309-593-2175. Grades can be accessed through Infinite Campus, our online grade reporting system. Call us if you need further access information.

Thank you for your continued support at the many SHS activities! Congratulations to our winter sports teams!! We are proud of your efforts and appreciate the community's support at all of our events. Special shout out to junior Josh Bynum who finished seventh at the Illinois State Wrestling Meet!! With spring sport practices under way and contests soon to follow, we remind fans that while attending our events you observe the no parking signs throughout the campus.

A reminder from the Counseling Office is that if parents/guardians of seniors have not completed the Free Application for Federal Student Aid, they need to visit www.FAFSA.gov to apply for post-secondary funding.

If your student reports to you any bullying or harassment, either as a victim or witness, we ask that you contact school personnel. We have an investigative process in place with the goal of every student feeling safe and comfortable while attending Sherrard High School.

shs.sherrard.us • sjhs.sherrard.us



Sherrard Jr/Sr High School
4701 176th Avenue
Sherrard, IL 61281
High School 309.593.2175
Jr. High 309.593.2135

Student of the Month

HIGH SCHOOL

English: Jasmine Mathis

Science: Logan Slattery

Social Studies: Ella Spengler

Fine Arts: Lily Kregel

PE/Health: Evan Atnip

Vocational: Josh VanDerLinden

Special Forces: Walker Anderson

Rotary Student of the Month:
Logan Slattery

JUNIOR HIGH

English: Hunter Breiby

Math: Cohwen Hanneman

Science: Ryan Fowler

Social Studies: Will Dryoel

Fine Arts: Ryan Fowler

PE/Health: Beth Churchill

Vocational: Morgyn Allison

Striving for Excellence:
Kyran Ballard



Key dates:

- Spring Break is March 9-13
- March 6 is the end of third quarter
- April 14 PSAT/ SAT day - students in grades 9-11 will be taking a form of the Scholastic
- Aptitude Test
- No School on April 10 and 13

Thanks for all you do in partnering with Sherrard High School in meeting the needs of your student. Please contact me at 593-2175 or at wernentint@sherrard.us with questions, concerns, or comments.

Tim Wernentin, Principal

JH Principal's Notes

Rick Basala, JH Principal

Chorus Concert

The Sherrard Choirs will present their Spring Concert on March 16th at 7pm in the auditorium. They will have just performed at solo and ensemble festival and will be gearing up for their performance at IHSA Large Group contest in April.

Seniors

2020 Graduation is right around the corner! Jostens representatives will be in the commons on Wednesday March 25th to distribute senior cap and gowns. If you have any questions about graduation products, call 1-800-JOSTENS.

Mr. SHS Pageant

SHS Tiger fans come help support the Junior/Senior Prom! Come see who will be crowned Mr. SHS on Friday night March 20th. Doors open at 6 p.m with the Talent Show starting at 7:00 p.m. in the high school auditorium. Tickets will only be sold at the door and cost is \$5. Vote for People's choice the night of the performance. Any questions contact Ms. Arnold at the high school.

Spring Musical

Once Upon a Mattress, by Dean Fuller, Jay Thompson, and Marshall Barer - March 27 & 28 at 7pm & March 29 at 3pm, \$7 adults, \$5 students.

If you thought you knew the story of "The Princess and The Pea," you may be in for a walloping surprise! Did you know, for instance, that Princess Winnifred actually swam the moat to reach Prince Dauntless the Drab? Or that Lady Larken's love for Sir Harry provided a rather compelling reason that she reach the bridal altar post haste? Or that, in fact, it wasn't the pea at all that caused the princess a sleepless night? Carried on a wave of wonderful songs, by turns hilarious and raucous, romantic and melodic, this rollicking spin on the familiar classic of royal courtship and comeuppance provides for some side-splitting shenanigans. Chances are you'll never look at fairy tales quite the same way again.

Post Prom Bingo

The Post Prom Committee has some very important information to share with you about this year's Post Prom BINGO and Post Prom. Post Prom BINGO will be held on Saturday, March 21st at the high school. We are looking for donations of gift cards or for you to sponsor a game of BINGO with a cash prize. If you would like to donate or sponsor a round of Post Prom BINGO, please contact Cindy Steckel, steckelc@sherrard.us or Jen Diehl, diehlj@sherrard.us Post Prom BINGO is our main fundraiser for Post Prom. We need your help and support! Please plan to attend.



Post Prom

Post Prom will be held on Saturday, May 2nd at the High School following the completion of Prom. The committee welcomes and appreciates any donation you can make to defray the costs. Every donation goes to the kids!

We are looking for more parent volunteers at the Post Prom event! Please consider volunteering your time. Please contact Cindy Steckel or Jen Diehl at 593-2135 or email at steckelc@sherrard.us or diehlj@sherrard.us with questions or if you would like to volunteer.

Join the Booster Club!

We invite you to attend the next board meeting to find out more about the Booster Club which supports Sherrard students in ALL academics, athletics, clubs and organizations. Our next meeting will be March 4th at 6:00pm. This meeting will be in the Health Room, B25. Come check us out!

Booster Club Scholarships

The Sherrard Booster Club will have **five** \$1000 scholarships available to 2020 graduating seniors. The application form is available on the Booster Club Facebook page, the Booster Club page on the high school website, the Counseling Department page on the high school website, the Seniors Google Classroom and hard copies in the Counselors office. Check out scholarship requirements on the Booster webpage on the High School website by going to the Parents/Students tab then Sherrard Boosters.

Freshman Senate Pancake Breakfast

Mark your calendars for the Freshman Senate Pancake Breakfast Join us for an All You Can Eat Pancake Breakfast to be held on Saturday, April 25th from 8 to 11 a.m. at Preemption United Methodist Church Fellowship Hall. Freshman Senate members will be preparing and serving breakfast that will include pancakes, sausage and bacon, with coffee, milk or juice to drink. Tickets will go on sale at the end of March or you can purchase them at the door. Please plan to come and support our Freshman Tigers!



NINTH GRADE HEALTH REQUIREMENTS for SCHOOL YEAR 20-21

Forms and immunization records will be available at Parent Teacher Conferences March 5-6, 2020 for those who have not already received them.

- All ninth grade students are required to have an updated school physical.
- State law requires Illinois Department of Public Health form to be used.
- Physical forms are available at the school and on the school district web site www.sherrard.us, go to **Departments** and select **Health Services, Health Forms** and **Student Physical Form**.
- Physicals must be completed and signed by a physician licensed to practice medicine, a physician's assistant, or an advanced practice nurse. **Chiropractors MAY NOT perform school or sports physicals.**
- Parents or guardians are required by state law to complete and sign the health history portion on the back of the physical form.
- **Sports physicals will not fulfill this requirement.** The ninth grade physical may be used for a sport physical for 395 days from the date of the exam. Students who receive freshman physicals March 1, 2020 will need another sports physical by April 1 of 2021, if they desire to participate in spring sports. Please keep this in mind when scheduling your child's physical.
- Call for vaccine and physical appointments prior to end of this school year.
- A copy of your child's immunization record may be required by the health care provider.
- **STUDENTS NOT IN COMPLIANCE WITH PHYSICAL AND IMMUNIZATIONS WILL BE EXCLUDED FROM SCHOOL PER STATE REQUIREMENTS.**
- **NEW REQUIREMENT:** All 9th grade students must have a current dental exam dated after 11/15/19 or waiver completed by May 15, 2021. Forms are available on the district web site under **Health Forms**.



DENTAL REQUIREMENT FOR 9TH GRADE STUDENTS



The State of Illinois is now requiring dental exams for all 9th grade students. Students currently in 9th grade are required to have a completed dental exam or waiver on file by May 15, 2020.

- School dental exams must have been completed after November 15, 2018.
- The IDPH dental exam form must be used.
- Exams must be performed by licensed dentists.
- Dental waivers are allowed if:
 - Student is enrolled in free and reduced lunch program and does not have dental insurance.
 - Student is enrolled in free and reduced lunch program and is ineligible for public insurance (Medicaid/All Kids).
 - Student is enrolled in Medicaid/All Kids, but the family is unable to find a dentist or dental clinic in the community who will accept Medicaid/All Kids.
 - Student does not have any type of dental insurance and there is no low-cost dental clinics in the community that will see the child.
- Religious exemption is allowed if religious exemption form is completed.
- Dental appointment cards are accepted as long as the appointment is scheduled within 60 days of May 15. Completed dental exams must be turned in by the beginning of the following school year.



Dental exams and waivers are available on the District Website: www.sherrard.us go to **Departments** and select **Health Services**, **Health Forms** and **Dental Exam/Waiver**.

GSA

The GSA will be collecting hygiene items for a hygiene drive benefiting A Place 2 Be in Rock Island. Socks, shampoo, soap, toothbrushes, personal hygiene items, and food gift cards will be collected in boxes for 1st hour teachers. The drive will go through the end of March.

From the Guidance Office

The SAT will be on April 14. The sophomores will be taking the PSAT 10 and Freshman will take the PSAT 8/9 on the same day. All students have access to free practice questions and full exams through Khan Academy.

Final transcripts will be available for all Seniors towards the middle of June. We will be asking students where they need their final transcripts sent before they leave.

Senioritis is kicking in! Be sure to encourage and support your senior and remind them it's not over yet!

I will continue to post information regarding scholarships, colleges, universities, technical schools and apprenticeship programs on the Google Classroom.

For any questions contact:

Mrs Drish, Academic Coordinator
drishju@sherrard.us*, 309-593-2175

*Please note we have two Mrs Drish's so be sure to use "ju" after "drish" in her email.



Event Schedule
03/02/2020 to 03/31/2020

Sherrard Junior/senior High School
4701 176th Avenue
Sherrard, IL 61281

Mike Applegate
School Phone: (309) 593-2175 HS
593-2135 JH
Fax: (309) 593-2775
applegatem@sherrard.us

Monday March 02, 2020

Time	Activity	Facility	Comments
TBA-TBA	*[+] Scholastic Bowl N N vs TRAC Tournament - @Riverdale	(A) - TRAC Tournament	-
5:30 PM-TBA	*[+] Volleyball G JH vs IESA Sectional - 7TH GRADE	(A) - IESA Sectional	-

Tuesday March 03, 2020

Time	Activity	Facility	Comments
7:00 PM-TBA	*[+] Band N N - JH & HS Band Concert	(H) - Auditorium	-

Wednesday March 04, 2020

Time	Activity	Facility	Comments
TBA-TBA	*[+] Volleyball G JH vs IESA Sectional	(A) - IESA Sectional	-
4:00 PM-TBA	*[+] Track and Field B V vs st. ambrose meet	(A) - st. ambrose meet	-
4:00 PM-TBA	*[+] Track and Field G V vs st. ambrose meet	(A) - st. ambrose meet	-
7:00 PM-TBA	*[+] Band N N - Band & Choir Chamber Concert	(H) - Auditorium	-

Thursday March 05, 2020

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - P/T Conference - Early dismissal @1pm	(H) -	-

Friday March 06, 2020

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - P/T Conference - No School	(H) -	-
TBA-TBA	*[+] Band N N - IGSMO Organizational Contest	(H) - Band Room	-

Saturday March 07, 2020

Time	Activity	Facility	Comments
TBA-TBA	*[+] Volleyball G JH vs Regional - 8TH GRADE	(TBA) -	-
TBA-TBA	*[+] Wrestling B JH vs Sectionals	(TBA) -	-
TBA-TBA	*[+] Band N N - IHSA Solo & Ensemble Contest	(A) -	-

Monday March 09, 2020

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - Spring Break	(TBA) -	-
TBA-TBA	*[+] Scholastic Bowl N N vs IHSA Regional	(TBA) -	-
4:00 PM-TBA	*[+] Track and Field B V vs Rock Falls HS Rock Falls Indoor at Westwood	(A) - Rock Falls HS Rock Falls Indoor at Westwood	-
4:00 PM-TBA	*[+] Track and Field G V vs Rock Falls HS Rock Falls Indoor at Westwood	(A) - Rock Falls HS Rock Falls Indoor at Westwood	-

Tuesday March 10, 2020

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - Spring Break	(TBA) -	-
TBA-TBA	*[+] Volleyball G JH vs IESA Sectional	(A) - IESA Sectional	-

Wednesday March 11, 2020

Time	Activity	Facility	Comments
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applegatem@sherrard.us

TBA-TBA	* School Event N N - Spring Break	(TBA) -	-
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Thursday March 12, 2020

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - Spring Break	(TBA) -	-
TBA-TBA	*[+] Volleyball G JH vs IESA Sectional	(A) - IESA Sectional	-

Friday March 13, 2020

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - Spring Break	(TBA) -	-

Monday March 16, 2020

Time	Activity	Facility	Comments
2:45 PM-TBA	* School Event N N - Spring HS Sports Pictures	(TBA) -	-
7:00 PM-TBA	*[+] Chorus N N - Choir Concert	(H) - Choir Room	-

Tuesday March 17, 2020

Time	Activity	Facility	Comments
4:00 PM-TBA	*[+] Track and Field B V vs Monmouth/Roseville HS (Titan Indoor Invite) - @Monmouth College	(A) - Monmouth/Roseville HS (Titan Indoor Invite)	-
4:00 PM-TBA	*[+] Track and Field G V vs Monmouth/Roseville HS (Titan Indoor Invite) - @Monmouth College	(A) - Monmouth/Roseville HS (Titan Indoor Invite)	-
4:30 PM-TBA	*[+] Softball G JV vs Monmouth/Roseville HS	(H) - TBA	-
4:30 PM-TBA	*[+] Baseball B V vs Monmouth/Roseville HS	(A) - Monmouth/Roseville HS	-
4:30 PM-TBA	* Baseball B F-S vs Monmouth/Roseville HS	(A) - Monmouth/Roseville HS	-
4:30 PM-TBA	*[+] Softball G V vs Monmouth/Roseville HS	(H) - SB V Field	-

Wednesday March 18, 2020

Time	Activity	Facility	Comments
4:30 PM-TBA	*[+] Softball G V vs Stark County	(H) - SB V Field	-
4:30 PM-TBA	*[+] Baseball B V vs Stark County	(A) - Stark County	-
4:30 PM-TBA	* Baseball B F-S vs Stark County	(H) - BB JV Field	-

Thursday March 19, 2020

Time	Activity	Facility	Comments
TBA-TBA	*[+] Activity N N - Mr SHS Rehearsal	(H) -	-
4:30 PM-TBA	*[+] Softball G V vs Mercer Co HS	(H) - SB V Field	-
4:30 PM-TBA	*[+] Softball G JV vs Mercer Co HS	(H) - TBA	-
4:30 PM-TBA	*[+] Baseball B V vs Mercer Co HS	(A) - Mercer Co HS	-
4:30 PM-TBA	*[+] Soccer G V vs Alleman HS	(H) - Orion HS	-
6:00 PM-TBA	* Baseball B F-S vs Mercer Co HS	(A) - Mercer Co HS	-
6:00 PM-TBA	*[+] Soccer G JV vs Alleman HS	(H) - Orion HS	-

Friday March 20, 2020

Time	Activity	Facility	Comments
4:30 PM-TBA	*[+] Softball G V vs Monmouth United HS	(A) - Monmouth United HS	-

Event Schedule
03/02/2020 to 03/31/2020

Sherrard Junior/senior High School
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mapplegate@sherrard.us

6:00 PM-TBA	*[+] Softball G JV vs Monmouth United HS	(A) - Monmouth United HS	-
6:00 PM-TBA	*[+] Junior Class N N - Mr SHS	(H) - Auditorium	-

Saturday March 21, 2020

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - Post Prom Bingo	(TBA) -	-
TBA-TBA	*[+] Softball G V vs Illini West HS - Double Header	(A) - Illini West HS	-
TBA-TBA	* Baseball B F-S vs Monmouth United HS	(A) - Monmouth United HS	-
8:30 AM-TBA	*[+] Track and Field B V vs Galesburg HS Silver Streak Invite - Monmouth College	(A) - Galesburg HS Silver Streak Invite	-
10:00 AM-TBA	*[+] Baseball B V vs Monmouth United HS	(H) - BB V Field	-
12:15 PM-TBA	*[+] Baseball B V vs Fenton High School	(H) - BB V Field	-
1:00 PM-TBA	*[+] Track and Field G V vs Galesburg HS Silver Streak Invite - Monmouth College	(A) - Galesburg HS Silver Streak Invite	-

Monday March 23, 2020

Time	Activity	Facility	Comments
4:30 PM-TBA	*[+] Baseball B V vs Rock Island HS	(H) - BB V Field	-
4:30 PM-TBA	* Baseball B F-S vs Rock Island HS	(H) - BB JV Field	-
4:30 PM-TBA	*[+] Soccer G V vs Macomb HS	(H) - Clifford King Field	-
6:00 PM-TBA	*[+] Soccer G JV vs Macomb HS	(H) - Clifford King Field	-

Wednesday March 25, 2020

Time	Activity	Facility	Comments
TBA-TBA	* School Event N N - Early dismissal @ 1pm	(TBA) -	-
TBA-TBA	*[+] Track and Field G V vs Morrison & Riverdale - @Riverdale	(A) - Morrison & Riverdale	-
4:00 PM-TBA	*[+] Track and Field B V vs Morrison & Riverdale - @Riverdale	(A) - Morrison & Riverdale	-
4:30 PM-TBA	*[+] Softball G V vs Sterling HS	(H) - SB V Field	-
4:30 PM-TBA	*[+] Soccer G V vs MONMOUTH/ROSEVILLE HS	(H) - Orion HS	-
4:30 PM-TBA	*[+] Softball G JV vs Sterling HS	(H) - TBA	-

Thursday March 26, 2020

Time	Activity	Facility	Comments
7:00 PM-TBA	* School Event N N - NHS Induction ceremony	(H) -	-

Friday March 27, 2020

Time	Activity	Facility	Comments
TBA-TBA	*[+] Baseball B V vs United Township HS	(A) - United Township HS	-
TBA-TBA	* Baseball B F-S vs United Township HS	(A) - United Township HS	-
7:00 PM-TBA	*[+] Drama Club N N - Musical	(H) - Auditorium	-

Saturday March 28, 2020

Time	Activity	Facility	Comments
TBA-TBA	*[+] Wrestling B V vs Sherrard Wrestling Open Tournament (School) - Wrestling Open	(H) - Wrestling Room	-

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10:00 AM-TBA	*[+] Baseball B V vs Elmwood High School - @Brimfield High School double header	(A) - Brimfield HS	Brimfield High School, 323 E Clinton St, Brimfield, IL
11:00 AM-TBA	*[+] Soccer G V vs Limestone HS	(A) - Limestone HS	-
1:00 PM-TBA	*[+] Soccer G JV vs Limestone HS	(A) - Limestone HS	-
7:00 PM-TBA	*[+] Drama Club N N - Musical	(H) - Auditorium	-

Sunday March 29, 2020

Time	Activity	Facility	Comments
3:00 PM-TBA	*[+] Drama Club N N - Musical	(H) - Auditorium	-

Monday March 30, 2020

Time	Activity	Facility	Comments
4:30 PM-TBA	*[+] Baseball B V vs Orion	(A) - Orion	-
4:30 PM-TBA	*[+] Softball G V vs Orion	(A) - Orion	-
4:30 PM-TBA	* Baseball B F-S vs Orion	(H) - Orion	-
6:30 PM-TBA	*[+] Softball G JV vs Orion	(A) - Orion	-

Tuesday March 31, 2020

Time	Activity	Facility	Comments
4:00 PM-TBA	*[+] Track and Field G V vs Kewanee, Rowva, Stark co, Orion, Mercer	(H) - Track	-

Menu is subject to change

March Ala Carte

This institution is an equal
opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
TENDERLOIN/BUN MAC & CHEESE 2	CHEESE DIPPERS W/MARINARA SAUCE 3	PIZZA 4	Early Dismissal PIZZA CRUNCHERS FISH SANDWICH 5	NO SCHOOL 6
NO SCHOOL 9	NO SCHOOL 10	NO SCHOOL 11	NO SCHOOL 12	NO SCHOOL 13
BREADED CHICKEN/BUN SMILEY POTATOES 16	Chicken Nuggets Mashed Potatoes Green Beans Fruit Milk Choice 17	CHEESEBURGER TATER TOTS 18	MINI CORN DOG POTATO ITEM 19	FISH STICKS PRETZEL W/CHEESE SAUCE 20
BREAKFAST PIZZA 23	GRILLED CHEESE SOUP 24	Early Dismissal CHICKEN MASHED POTATOES 25	WALKING TACOS 26	6" FRENCH BREAD W/MARINARA SAUCE 27
CRISPITOS 30	COOKS CHOICE 31			

March 2020

Sherrard Jr-Sr High Menu

LUNCH



School Information: Menu Subject to Change

Early Dismissal – March 5th & 25th
 No School – March 6th thru March 13th
 This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center. Families must pay for meals eaten prior to applications being approved. Students with a negative balance will not be allowed to charge a la carte items.

Monday

Breakfast Pizza
 Hash Browns
 Green Beans – Fruit
 Milk Choice

No School 9

Mini Corn Dogs
 Baby Carrots
 Green Beans
 Chips – Churro
 Fruit
 Milk Choice

30

Tuesday

Hot Deli Meat &
 Cheese Sandwich
 Sweet Potato Fries
 Tossed Salad
 Fruit – Snack Cookie
 Milk Choice

No School 10

Breaded Chicken/Bun
 OR Flaming Chicken
 Sweet Potato Fries
 Celery/Peanut Butter
 Fruit
 Milk Choice

31

Wednesday

Chicken Tenders
 Broccoli
 Egg Roll & Sauce
 Fruit
 Snack Cookie
 Milk Choice

No School 11

French Toast Sticks
 Syrup
 Sausage Patty
 Hash Brown
 Green Beans – Fruit
 Milk Choice

Cheese Dippers
 Marinara Sauce
 Tossed Salad
 Vegetable Blend
 Fruit
 Milk Choice

25

Thursday

Cheeseburger/Bun
 Sweet Fries
 Cherry Tomatoes
 Fruit
 Milk Choice

No School 12

6" Cheese French Bread
 Marinara Sauce
 Tossed Salad
 Baked Beans
 Fruit – Snack Cookie
 Milk Choice

20

Friday

No School 6



Fish Sticks
 Mac & Cheese
 Corn – Baby Carrots
 Fruit
 Milk Choice

26

Chicken Quesadilla
 Tortilla Scoops
 Garden Salad
 Vegetable Blend - Fruit
 Milk Choice

No School 13

Cheese Stuffed Crust Pizza
 or Pepperoni Stuffed Crust
 Spinach Salad
 Tomatoes
 Fruit
 Milk Choice

18

Crispito
 Carrots
 Slushy
 Fruit
 Milk Choice

16

Chicken Nuggets
 Mashed Potatoes
 Green Beans
 Fruit
 Milk Choice

17

Chicken Finger Fries
 Savory Rice
 Baked Beans
 Celery Sticks/Peanut Butter
 Fruit
 Milk Choice

23

Super Nachos
 Refried Beans
 Cherry Tomatoes
 Fruit - Churro
 Milk Choice

24

March 2020

Sherrard Prek-12 Menu

BREAKFAST



School Information: Menu Subject to Change
Early Dismissal – March 5th & 25th
No School – March 6th thru March 13th
This institution is an equal opportunity provider.



Applications for free/reduced meals are available at each attendance center.
Families must pay for meals eaten prior to applications being approved.
Students with a negative balance will not be allowed to charge a la carte items.

Monday

Whole Grain Poptart
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

2

No School

9

Muffin
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

30

Tuesday

Cinnamon Super Stix
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

3

No School

10

Mini Cinnis
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

23

Cereal Bowl
Snack Cookie
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

24

French Toast Sticks
Syrup
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

31

Wednesday

Mini Cinnis
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

4

No School

11

Mini Bagel
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

25

Waffles/Syrup
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

18

Thursday

Muffin
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

5

No School

12

Whole Grain Poptart
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

26

Mini Banana Loaf
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

19

Friday

No School

6

No School

13

Fruit Frudel
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

27

Sausage Pancake Bites
½ Cup Fruit
½ Cup 100% Juice
Milk Choice

20

